

2026 Ladies Golf Committee



Committee Members

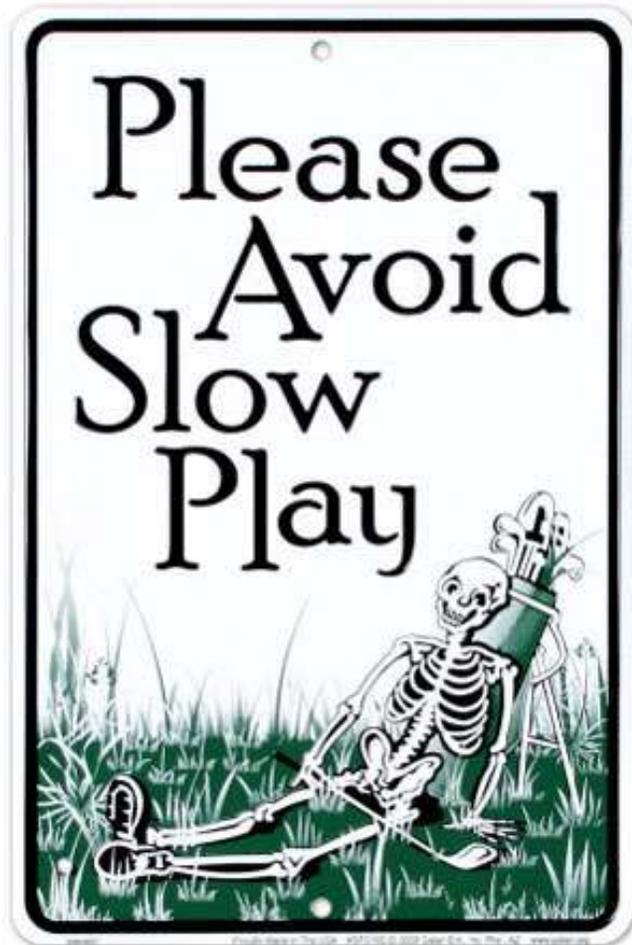
- ▶ Ruth Ross
- ▶ Ulrike Long
- ▶ Lori Wall
- ▶ Cathy Hutchinson
- ▶ Leslie Keirstead
- ▶ Twila Hitchcock

Match Captain - Joan Hurst



Pace of Play Tips & Suggestions

We are all here for a good time not a long time!



- Playing at a better pace is not about hurrying up or rushing around the course. It is simply about being more efficient with your valuable time, as well as everyone else's.
- Adopting this mindset – and not being afraid to share it with your fellow players – will ultimately add enjoyment to your golf experience.



Minimize Your Time on the Tee

- On the tee it is usually acceptable for players to “hit when ready.”
- Do not begin a story when it is your turn to tee off.
- One or two practice swings are acceptable.
- You can also save time by playing a provisional ball if you think your original ball might be lost or out of bounds.



Plan your shot before you get to your ball

- Once you are off the tee, think ahead. Determine your yardage and make your club selection before it is your turn to play. Very often, you can do this while others are playing, without disruption.
- If you take your glove off between shots, have it back on before it is your turn to play. Even a small step like this saves time.
- Talk and walk! You don't need to stop moving to hear the latest!

Be helpful to others in your group

- Follow the flight of all tee shots, not just your own.
- Once in the fairway, help others look for their ball if you already know the location of yours.



Keep your pre-shot routine short

- Pick your line of play once and trust yourself. Try to take no more than one practice swing, then set up to the ball and play your shot.
- Most importantly, be ready to hit when it is your turn.
- Be efficient after your shot too. Start moving toward your next shot promptly.





When sharing a cart, use a buddy system

- ▶ Don't wait in the cart while your cart-mate hits and then drive to your ball.
- ▶ Get out and walk to your ball with a few clubs.
- ▶ Be ready to play when it is your turn and then let your cart-mate pick you up.
- ▶ Or, drive to your ball after you drop your cart-mate off and then pick him or her up after you hit.

Keep up with the group in front of you

- ▶ Your correct position on the course is immediately behind the group in front of you, not immediately in front of the group behind you.
- ▶ Arrive at your next shot just before the group in front leaves the area in front of you.
- ▶ If you are consistently not able to keep up and a gap opens in front of you, invite the group behind you to play through, irrespective of the number of players in the group





“Anyway, nice talking to you Shirley, I think there’s some men waiting to tee off””

Be efficient on the putting green

- ▶ Mark your ball and lift and clean it when you arrive at the putting green so you will be ready to replace it when it is your turn to play.
- ▶ You can usually line up your putt while others are putting, without disturbing them.
- ▶ Leave your clubs on the side of the putting green closest to the next tee.
- ▶ Park your power cart on the cart path leading to the next tee, not in front of the green.
- ▶ Leave the green promptly after holing out.
- ▶ Wait until the next tee to record your score.

Remember that picking up your ball is permitted by the Handicap System



"We've only played three holes and we've both already shot our ages!"

- If not in an individual stroke play competition, it is generally OK to pick up your ball and move on to the next hole if you are “out” of a hole and want to maintain pace of play.
- This applies in match play and many forms of stroke play, including Stableford and best-ball play.
- Your adjusted Golf Canada score on a hole is maximum net double bogey.



Please respect the course marshal who is there to manage the flow of the golf course and ensure that everyone has an enjoyable round.

See you on the course!!!